



FOBI PRESS

Friends of Burlington Island Newsletter

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Welcome to the FOBI Press, Friends of Burlington's Island's inaugural newsletter, to keep members and friends up to date about what is happening on Burlington Island. Our goal is transparency, sharing the good, challenging, and promising things encountered, and featuring volunteer opportunities where you can help, with the goal of a quarterly publishing cycle.

The mission of Friends of Burlington Island (FOBI) is to develop and maintain a unique island experience for the citizens of the Delaware Valley, where they can hike, swim, fish, and enjoy the tranquility of Mother Nature.

OPENING DAY 2026

After a long, hard winter, Burlington Island is beginning to stir. The ice, wind, and high water have tested the island once again—but as always, it has endured. With longer days and the first signs of spring on the horizon, FOBI, and volunteers are preparing to welcome the 2026 season.

While an official Opening Day date has not yet been set, planning and early-season work are already underway. Trail checks, shoreline cleanups, and seasonal preparations will continue as conditions allow. When the island is ready—and it is safe to do so—we look forward to announcing opening day.

Keep an eye on upcoming announcements, and thank you, as always, for your patience, support, and commitment to Burlington Island.



Princeton Conservation Society (PCS) is focused on the environment, conservation, and climate action. It is a fully student-run organization under the Office of the Dean of Undergraduate Students (ODUS). For the last two years, FOBI and the Princeton Conservation Society have collaborated on tree plantings, BioBlitzes, and academic research. This working relationship has been beneficial for Burlington Island, FOBI, and its friends. We look forward to continuing this important relationship.

CHAIRMAN'S CORNER: FIVE QUESTIONS

A column featuring insights from FOBI's Board Chairperson, Patrick W. Mulhern.

Pat was voted to assume this role by his fellow Board of Trustees members.

Five Questions!

1. What is your favorite hidden gem or secret spot on Burlington Island that you love to visit? With four hundred acres, it is hard to choose just one favorite spot. However, the southern tip, known as Highpoint Lookout, sits just across from Burlington Bristol Bridge and can be seen when crossing, just above the clay face. It sits thirty-five feet above the water and has a 230-degree view of the mouth of the Delaware River. At sunset, known as the Golden Hour, the sky lights up with vast colors and spectacular views of Burlington, NJ, and Bristol Borough, Pennsylvania, and the bridge that connects these sister towns.

2. If you could only recommend one thing or activity to do to a first-time visitor to Burlington Island, what would it be? Without question, make sure you see the spring-fed lake! The lake is a 97-acre lake that stretches 750 yards across and consumes a quarter of the island. You often find people, ospreys, and American Bald Eagles fishing in this clear, pristine lake.

3. Who owns and maintains Burlington Island? The Island is owned and managed by four stakeholders, although nearly the entire island is owned by the Citizens of the City of Burlington, NJ.

The four stakeholder groups oversee segments of the Island. The northern half of the island is managed by the Board of Island Managers (BOIM) and maintained by a small group of BOIM Rangers and volunteers, including FOBI.

The southern half of the island, facing the Burlington Bristol Bridge, up to and including the lake, is managed by an unfunded agreement with the State of New Jersey, Green Acres Program, which preserves open space, protects New Jersey's environment, and provides for public recreation and a small group of BOIM Rangers and FOBI volunteers. And the fourth stakeholder is the NJ DEP Bureau of Tidelands Management, which claims ownership of nearly all island shorelines.

The tidelands are maintained by several volunteer groups, including FOBI, Spearhead Project Earth, and Red Dragon Canoe Club. These groups keep the shorelines clear of single-use plastics, tires, barrels, and other unnatural debris and litter left behind from the flowing tide changes. The 4.5 miles of safety trails are maintained by BOIM Rangers and FOBI volunteers.

At last report, the 4-acre parcel of land known as the turnaround basin remains under the control of Matrix Reality Holding Company.

4. What aspect of Burlington Island's unique history interests you the most?

In 1624, Dutch colonies settled on Manhattan Island, which we know today as New York City. The same ship that delivered settlers to Manhattan Island dropped off eight families on Matinicunk Island, or as we know it today, Burlington Island. These explorers did not have a full season to plant and harvest before winter set in. If it were not for the guidance of the Lenape, the Dutch West India families of French-speaking Dutch Walloon traders would not have survived.

5. What is the most important part of the island's culture or identity that should be preserved for future generations?

Without question, hands-on experiential education is important. Classrooms do not always need to be between four walls. Fresh air, walking, learning, paddling, exploring, discovering, relating to nature, and how we fit in with nature are equally important as any classroom curriculum. We are fortunate to have this natural gem, four hundred acres of uninhabited land, an island in the Delaware River between two vibrant communities. The island is a training ground for knowledge. To me, the island's culture and identity are clear. FOBI's focus is to continue to make Burlington Island safe and accessible.

DONATIONS ARE ALWAYS WELCOME!

As we prepare for the 2026 season, your support can make a real and lasting difference. Together, we can preserve this unique island experience for generations to come.

As you are working on your 2025 tax return, we invite you to consider supporting Friends of Burlington Island. Your tax-deductible donation will help fund trail maintenance, shoreline cleanups, and stewardship efforts that keep the island safe, accessible, and protected for all.

Donate here: <https://book.peek.com/s/2febaf33-faf0-42d0-bcc4-985bff916e1a/WR4w4>

For more information about Friends of Burlington Island, contact us at info@FriendsofBurlingtonIsland.org